

Diamond Approach Seminars

QUASAR Series

Hameed Ali (A.H. Almaas) and Karen Johnson
present QUASAR Seminar V
LIGHTING UP THE NOW

16th – 21nd of May, 2009 in Hamburg, Germany

The timelessness of our spiritual nature appears in the world of time and space as the luminous now. The now is lit up when we are aware of the real presence of who and what we are. By fully understanding our experience in the now we recognize reality for what it is and see that we are beings of light. Usually we are lost in the world of time, conditioned by past experience and future anticipation. We will explore how seeing the truth of the present moment guides us to the portal of timelessness, thereby liberating us to live a complete and full human life.

Through teaching, transmission, spiritual practices, personal and interpersonal exercises and inquiries we will light up the now. We will illuminate the individual experience for our consciousness to develop toward enlightenment. We will employ dialectic inquiry to light up the dynamic now of relationships so that they may develop and open up to their full potential. Our own realization and the development of our relationships require that we wake up to the nature of the environment we live in, our world, and our earth. By lighting up the now we awaken to the nature of our being as the harmonizing principle of our individual consciousness, our relationships to one another, to our earthly home and the universe as a whole.

We are offering the fifth one of a new series of public seminars, primarily for individuals who wish to have a direct and experiential taste of the Diamond Approach® work. The seminar will be non-residential and will consist generally of two meetings a day. It will be held in English language without translation. These seminars present the teaching from a specific and new perspective and even though there might be a relationship of one to another, each one stands on its own.

The Diamond Approach, as taught in the DHAT Institute, is a contemporary, original, spiritual understanding and path, expressing timeless wisdom on self-realization using the insights of our time. Modern psychological understanding and spiritual wisdom are integrated to provide deeper and more effective means of realizing, developing, and living our full potential. At each stage of the spiritual journey, we encounter beliefs, identifications and resistances, which can inhibit our development. The Diamond Approach invites us to see these as both - veils and keys to our full human potential. The teaching provides a deep synthetic understanding of, and effective means of dealing with, these issues and obstacles in a way that opens up the consciousness to timeless spiritual realities.

The seminars will be led by Hameed Ali and Karen Johnson, who together discovered and developed the path of inner realization known as the Diamond Approach or Diamond Heart® that is now taught in the Ridhwan® School.

Note: Quasars are very intense energy sources in some giant galaxies, powered by huge black holes. They are the very bright centers of those distant galaxies, where some sort of energetic action is occurring due to the presence of a super massive black hole at the center of that galaxy.

For information about Diamond Approach: www.ridhwan.org

Book information: www.ahalmaas.com - with the possibility to download this flyer -

The Quasar seminars are a program of the DHAT Institute, the nonprofit educational arm of the Ridhwan School. They do not function as an alternative to ongoing work in the Ridhwan School, but as an additional opportunity for a limited engagement with the Diamond Approach. These seminars are open to the general public as well as for all existing group members in the Ridhwan School anywhere in Europe and other countries. These seminars are not replacements for current students' retreats. They will not include small groups or private sessions. People new to the Diamond Approach will have priority in case of limited space. The seminars will be held in major metropolitan areas or cities.

The next Quasar is planned to be offered in 2011.

Hameed Ali

Karen Johnson



Practical information
Quasar - Series Seminar V: May 16th – May 21st 2009
Hamburg/Germany

Dates and times:

Meetings:

Saturday, 16th of May 15:00 hr – 18:00 hr
Sunday – Wednesday 10:00 hr – 13:00 hr and 15:00 hr – 18:00 hr
Thursday, 21st of May 10:00 hr – 13:00 hr

Check-In Saturday, 16th of May, 13:30 hr

Location: Haus der Patriotischen Gesellschaft, Trostbrücke 6, 20457 Hamburg, www.hammaburg.de
Centre of Hamburg, 10 minutes walk from central station

Seminar fee, deposit and payment:

Fee: 425 €, for university students 325 €

Payment: Please wire the full fee or 100 € as a deposit for your registration.
Please wire the rest of your payment before 1st of April 2009.
If you register after 1st of April 2009, please pay the total fee.
We cannot accept cheques, credit cards or other currency.

Bank details: DHAT Institute, Berkeley CA, USA - Bank account number: 0243050801
Bank: Fortis Bank, Prins Bernhardplein 200, 1000 AB Amsterdam, The Netherlands
For payments from outside Netherlands: IBAN NL07FTSB0243050801, BIC FTBSNL2RXXX
For payments from outside EU countries: also add bank fee for wiring money

Please include your name and Quasar V in the transfer. Please email the details to Anne Frazier, if the payment is for someone else or for you and someone else.

Registration: You are registered, after we received both, your registration form and deposit.
Note: University students please enclose copy of student pass.
You will receive a confirmation letter after we received your registration form and deposit.

Cancellation policy: If you cancel before April 1st, you will receive a refund minus 30 € and bank costs.
If you cancel after April 1st, there will be no refund of 100 € deposit.
If you cancel after April 15th, you will be refunded half of the seminar fee.
If you cancel after May 15th, no refunds.

Housing: This is a nonresidential seminar. Information regarding **accommodation** you can find on the following websites: www.hotel.de, www.hrs.de, www.bedandbreakfast.de/hamburg
For a more detailed hotel list please contact Anne Frazier.

For information about the Quasar series please contact Anne Frazier.

For registration, payments and cancellation: Send or email registration to Anne Frazier.

Anne Frazier: Email: Anne@dhat.org, Tel: 0044 (0)20 81503410, Fax: 001 510 704 0158
Mail: DHAT Institute c/o Anne Frazier, P.O. Box 2747, Berkeley, CA 94702, USA

Registration for Quasar Seminar V in Hamburg/Germany

Name

Address

City code + City Country

Phone Email

• I register for Quasar Seminar V in Hamburg
• University student yes / no
• Diamond Approach student Group
• I would like to receive mailings of future events yes / no
• This seminar is meant for people with a stable psychological health.
 Do you take psychopharmacology?
 Have you ever been under psychiatric treatment?

• How do you come to know of this event?

Date Signature